

# GRADE 2: Wednesday 17<sup>th</sup> February

Notes for today:

## READING

### Task

**Focus:** Visualising

#### Activity 1:

Play a song or listen to the radio. Visualise what you can see in your imagination based on the music.

Where are you?

What are you doing?

How does the music make you feel?

Draw a picture and write a sentence about your visualisation.

#### Activity 2:

Independently read for at least 20 minutes (can be online or a book).

(Login and password details for Sunshine Online and Reading Eggs can now be found in COMPASS under the reports tab)

## WRITING

### Task

**Focus:** Gathering Ideas

Today is a Writer's Notebook activity.

On a sheet of paper, draw a picture of your house or backyard (or both!).

On your drawing, write a few words about some memories you have had there. For example:

Did you learn to ride your bike in your backyard?

Do you have a favourite game you play in your backyard?

Did you get a trampoline for a present one day?

Decorate your page.

## MATHS

### Task

**Focus:** Ordering numbers

#### Activity:

UNO Place Value War (for 2 players)

You will need:

Set of UNO/SkipBo cards (no picture or double-digit cards - e.g. 12)

or

You can use a pack of playing cards with the picture cards (e.g. King) removed.

Deal out the cards into 6 piles - 3 piles for each person to represent hundreds, tens and ones. Each player turns over their first 3 cards (one from each pile). Whoever has the highest number wins and collects all the cards. (See picture below.)



The winner is the player at the end with the most cards.

## INQUIRY/OTHER

### Task

**Focus:** Managing Anger

#### Activity:

Watch: <https://youtu.be/Wy13wXb0X30>

Think about what makes you angry. Make a list.

What are some ways you show anger? Are these hurtful or helpful?

Hurtful: throwing things, shouting, hitting others.

Helpful: counting, breathing deeply.

Try these helpful ways to cope with anger:

#### Balloon breathing

Stand like a statue. Take in a deep breath in, then breathe out slowly, as if you were blowing up a balloon. Do this 3 times.

#### Pressing your hands together

Stand like a statue. Slowly press your hands together palm to palm. Hold them in front of your chest while you press hard. Then slowly let go.

#### Counting

Stand like a statue. Now slowly count to 10 (or count backwards from 20). As you do, imagine you are taking control of your anger. You are in charge, not the angry feelings.

<b>Too hard?</b>	<b>Too hard?</b>	<b>Too hard?</b>	<b>Too hard?</b>
	Try to draw and write about one memory you have about your house or backyard.	Try with 2 piles each (number up to 99).	
<b>Too easy?</b>	<b>Too easy?</b>	<b>Too easy?</b>	<b>Too easy?</b>
	Label at least 5 memories.	Try a fourth pile (numbers in the thousands).  Each player turns over one card at a time and can put that card in whichever place they like.	Think of some different ways to cope with angry feelings.
<b>Don't have _____?</b>	<b>Don't have _____?</b>	<b>Don't have cards?</b>	<b>Don't have _____?</b>
		Make your own sets of numbers by writing on pieces of paper or post-it notes.	