



# GRADE 1: Monday 7th June to Thursday 10<sup>th</sup> June

PHYSICAL EDUCATION	PERFORMING ARTS	ART	AUSLAN
<p><b>Task</b></p> <p><b>Kick it around the world</b>  <u>Step 1:</u> Find an open space outdoors or indoors (with parent permission).  <u>Step 2:</u> Make a set of goals using what you have at home (e.g. 2 garbage bins, between two trees, 2 cereal boxes).  <u>Step 3:</u> Mark out 5 spots to kick from. These spots should be at different angles and distances away from the goal. You could use a stick, a toy or even a pencil that symbolises each spot.  <u>Step 4:</u> Find a large ball to kick and place it on/next to the first spot.  <u>Step 5:</u> The aim of the game is to see how many goals you can kick in one round. One round is going to each spot once. Even if you miss the shot, you need to advance to the next spot.            How many goals can you kick in a round? Too easy? Move your spots further back or at different angles!</p> <p>If you have someone else to play with, challenge them to a game. If you kick a goal, you get to advance to the next spot. If you don't, you stay at the same spot until you kick the goal. The first one to make it 'Around the World' wins!</p> <p><i>Remember to look at the target and ball, step next to the ball with your non kicking foot, and swing and kick the ball with your kicking foot.</i></p> <p><b>LOOK, STEP and KICK!</b></p>	<p><b>Task</b></p> <p><b>Copy me</b>            Play the mime game of 'copy me'. Sit face to face with another person. Try clapping and tapping body parts to a beat. Take turns of leading the beat and following the beat. For example: clap, clap, thigh slap, clap, clap, thigh slap.</p> <p>Experiment with creating beats that are fast and slow.</p>	<p><b>Task</b></p> <p><b>Shadow drawing</b>            Place some plastic animals, characters, toys or household objects outside and draw their shadow on a piece of paper. Can you add details or a background?</p>  <p><b>OR Hand animals</b></p>  <p>Trace your hand (or get someone to help you) in different shapes – What animal can you turn the shape into? Colour in your picture.</p>	<p><b>Task</b></p> <p><b>Communicating without voice</b>            Try to get someone to play with you without talking. You could:</p> <ul style="list-style-type: none"> <li>• Tap their shoulder</li> <li>• Show them a toy or game</li> <li>• Point to them, then to yourself, then the toy</li> <li>• Put a 'question' look on your face</li> <li>• See if you can play without talking</li> </ul>