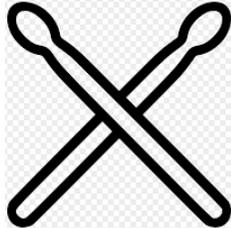


GRADE 4: 5th – 9th October

Notes for this week: [Handshapes of Auslan](#) (find the sheet at the bottom of the planner)
P.E Extra: [Play deck of cards fitness!](#)

Trouble uploading your work? > <https://clickv.ie/w/jlQn>

AUSLAN	PERFORMING ARTS	P.E.	STEM
Learning intention	Learning intention	Learning intention	Learning intention
We are learning to read fingerspelling in Auslan. We are learning to fingerspell in Auslan.	We are learning to tap drum sticks along with classical music.	We are learning about striking and fielding games.	We are learning to solve real-world problems.
Success Criteria	Success Criteria	Success Criteria	Success Criteria
I can read fingerspell words in Auslan. I can fingerspell in Auslan.	I can play a rhythm, in time with the drum sticks. I can test my skills with the challenge task.	I can describe what a striking and fielding game is. I can practise my batting and fielding at home.	I can design a shelter. I can incorporate rain harvesting.
Task	Task	Task	Task
<p><u>Introduction</u> We are learning fingerspelling in Auslan. Fingerspelling takes a while to learn to read so you need lots of practise. Before you do the activities make sure you remember the alphabet.</p> <p>Click here to review</p>  <p>Printable alphabet</p>	<p><u>Introduction</u> Welcome Back to School! Can you believe it is already Term 4? Let me know if you did any activities for performing arts over the holidays. Did you dance, sing, play any instruments or acting games? I would love to know.</p> <p>This term, we are going to be focusing on more rhythms/drumming and playing along to music this term. I hope it is going to be a lot of fun! We are also going to be listening to lots of different music and analysing it.</p> <p><u>Warm Up</u> You will need 2 sticks that resemble drum sticks e.g. 2 pens, 2 wooden spoons, 2 toilet rolls, etc. Choose your favourite song at the moment and I would like you to drum along to it. Try to come up with some patterns that you repeat.</p> 	<p><u>Introduction</u> This week we are starting a brand-new topic on Striking and Fielding Sports. Striking and fielding sports are any sports played between a fielding team and a batting team, with the aim being to score more runs than the other team within the number of innings and time allowed.</p> <p>Can you think of any sports where there is a batting and a fielding team? Create a list of your thoughts!</p> <p>Before we start playing some of these games lets warm up our bodies! Choose from an option below.</p> <p>Option 1: Warm up your body with a Tabata warm up! Click me!</p> <p>Option 2: Warm up your body with a ‘what would you rather’! Click me!</p> <p>Option 3: Use the option below. Try to do each exercise twice!</p>	<p><u>Introduction</u> For the first time in Bellbridge’s history, Grade 4 students are going to be 3D printing!</p> <p>In order to get ready for 3D printing, you need to complete this week’s lesson. This week’s worksheet will be assessed, alongside your 3D printed design.</p> <p>Our focus will be on two issues that are relevant to many every-day Victorians: <i>homelessness</i> and <i>sustainability</i>.</p> <p><u>Homelessness</u> A large number of people face the reality of not having somewhere safe and comfortable to sleep, and it’s not always by their own choice.</p> <p>Watch this Behind the News clip discussing the subject.</p> <p><u>Sustainability</u> Sustainability is the practice of using a product, or material, repeatedly, and in different ways. This reduces waste and protects our planet from pollution and improves the quality of our environment.</p>



What does this word say?

LOVE – yes that’s right, today we are going to practise some receptive fingerspelling. When reading fingerspelling it’s better to sound out the sounds of the letters phonetically in your head as you see them.

Activity 1:
[Fingerspelling Challenge Game](#)

In this game you type as many words as you can until time runs out! This goes quite quickly so if you’re not fast at typing, you might play with your parent and call out the letters and they can type them in it may help you get to ten words.



Main Activity

Using your two sticks, you are going to play along to this song. Listen and watch first so that you can get the hang of it and when you think you know it, play along.

[In the Hall of Mountain King](#)

TIP: This song has a CRESCENDO in it (this means the volume is gradually getting louder) it is very important that when you start this song, you are playing softly and also slowly getting louder!

Optional
Take a photo or video of your drumming and upload it onto Microsoft Teams > Specialists > Performing Arts > Week 1. Save it as your name to show Ms Morgan.

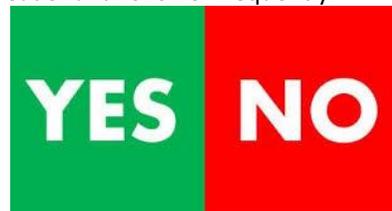
Challenge Yourself

Try the [Nutcracker](#). Can you keep up?

Something Fun to do at home

The Yes/No Game

You need a partner for this game. There is a Leader and a Follower. The Leader says a pattern of yes and no e.g. yes, yes, yes, no, yes, yes, yes, no. The Follower responds by doing the opposite pattern e.g. no, no, no, yes, no, no, no, yes. Make sure you say it in a rhythm and swap the leader and follower frequently.



No Computer?

Listen to the song Seven Nation Army by The White Stripes. Try to work out the drumbeat. Can you hear the drums change? How will you make different sounds?



Main activity: Striking and Fielding Practice

[Watch Mr Henshaw’s Video to learn about striking and fielding games! Click me!](#)

Striking and fielding games have some common rules that are always present such as:

- Battering team scores by making ‘runs’.
- Batter defends a wicket or plate.
- Fielders try to get batters out.
- Fielders attempt to stop batters making runs.
- A batter cannot be out if they are in the designated batting area.

One aspect of sustainability is rain harvesting. Rain harvesting is the process of collecting rainwater and using it for a range of purposes.

[Click here for a great clip discussing water recycling.](#)

Rain harvesting works the same way, however, the water is delivered by the rain, and not pipes underground.

Activity

This week’s task involves you designing a structure that can act as both a shelter, as well as being able to collect and store rainwater!

Here are some rules your design needs to follow; The design must...

1. protect the person inside from the rain
2. there must be an opening for the person to enter your shelter
3. have a way to collect rain
4. have a way to store the rainwater

Think about how your shelter will direct the rainwater into another object that can hold the water until it is recycled.

Reflection

Sketch your design, either on a piece of paper, or on your netbook, and upload it. *Make sure to include labels, or sentences, that explain how your design meets the four criteria above.*

Next week I will upload a lesson teaching you how to use the 3D design software, and then get it ready to be printed!

Remember: if your sketch and writing is not uploaded this week, your design will not be printed!

Optional

**Video your child fingerspelling.
Submit it on Microsoft Teams >
Specialist > Files > Auslan > Term 4 >
Week 1. Save it as your name to
show Ms Stewart.**

- until the fielder picks up the paper and throws it at the cup.
- The fielder can try to catch the paper to get the batter out as well.
 - The fielder can only throw the paper from where it lands on the floor, if they run with it this is travelling and the batter is awarded 5 points.
 - The fielder cannot stand on the blanket and must throw from behind it.
 - As soon as the cup has been hit, the batter stops running, and you swap roles.

Play for as many rounds as you like – who can score the most runs?

Game 2: Fielding drills

[Click me to play!](#)

Fielding is a very important skill in striking and fielding games.

Fielders must retrieve the ball after a batter hits it and throw it back to a designated spot. All you need for this activity is a ball and a wall!



Game 3: Cricket batting drills

[Click me to play!](#)

Batting is also a very important skill in striking and fielding games. Bats come in all shapes and sizes in this activity we are practicing our cricket shots! All you need for this activity is a bat and a ball.



Optional

**Take a photo or video of you
completing one of the games above.
Submit it on Microsoft Teams >
Specialist > Files > P.E > Week 1.
Save it as your name to show Mr
Henshaw and Miss Morgan.**

Health:

Problem solving is a very important skill we must train consistently to get better at. It is a life skill which is very important. Read the text and answer the questions below.

The Preps keep chasing Matteo and his friends during playtime. One of them is Matteo's cousin. It is getting annoying as they keep crowding around and wanting to join in, but they are too small to play basketball properly.

- What is Matteo's problem?
- What could he do?
(Think of more than one suggestion.)
- What are the positives and negatives of each choice?
- Which do you recommend?
- Why?

Fun active game at home!

1 Player: Chuck Rush [Click me to play](#)

Multi-Player: Paper ball knockout [Click me to play](#)

Play Flip the Yard (at the bottom of the planner).

NAT-HOME PEN

FLIP THE YARD



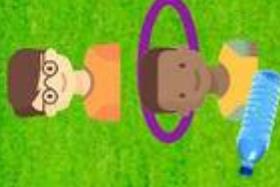
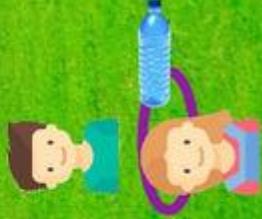
EQUIPMENT: 2 BOTTLES FILLED WITH LIQUID OR ROCKS, 2 HULA HOOPS (OR SOMETHING TO MAKE A RING).

SET-UP: HAVE RINGS SPACED OUT 6 FEET APART FROM EACH OTHER. BOTH BOTTLES WILL START ON ONE END.

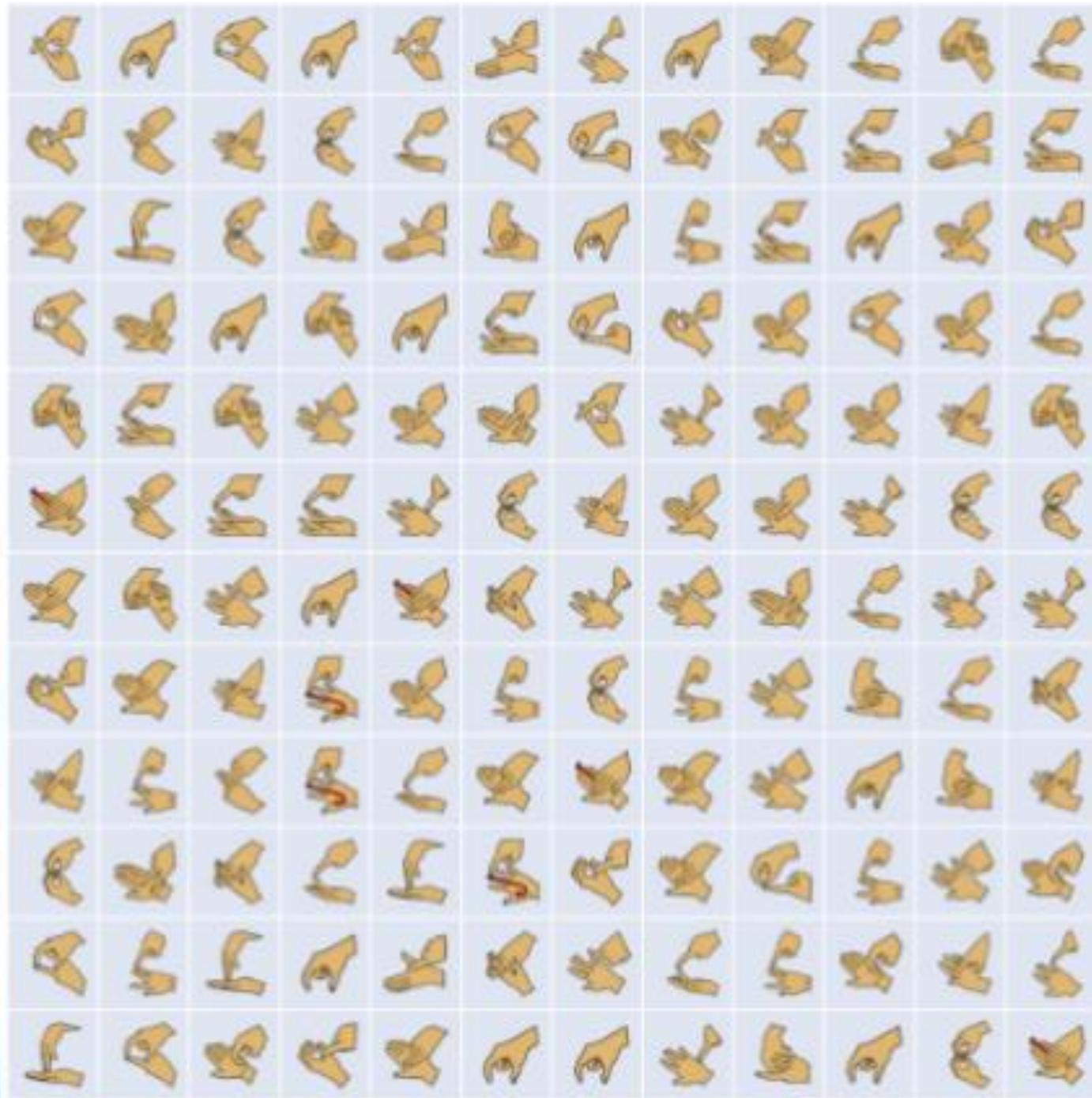
ACTIVITY: STUDENTS WILL WORK ON THEIR UNDERHAND THROWING. STUDENTS WILL TRY AND FLIP THEIR BOTTLE TO LAND IN THE OPPOSITE RING. THERE ARE THREE WAYS TO EARN POINTS: LAND STANDING UP IN THE RING (3 PTS), LAND INSIDE THE RING (2 PTS), OR LAND TOUCHING THE OUTSIDE OF THE RING (1 PT). STUDENTS WILL GET TWO CHANCES TO MAKE COMPLETE THROWS. FIRST STUDENT TO 15 WINS. MAKE SURE NOT TO CROSS THE RING ON YOUR SIDE WHEN THROWING. THIS CAN BE AN INDIVIDUAL OR GROUP ACTIVITY.

ENRICHMENT/MODIFICATION: USE A BIGGER OR SMALLER BOTTLE FOR THE THROWS. PUSH THE RINGS BACK FARTHER THAN 6 FEET.

SCORING:

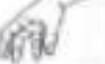
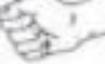
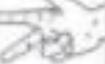
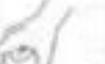
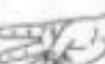
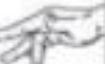


SL.1.E1.B



WORDS

-- DIVING -- HOCKEY -- CRICKET -- FOOTBALL -- TENNIS -- BASKETBALL --

Animal		Flat okay		One-hand letter-k	
Bad		Flat round		Open spoon	
Bent flat		Flick		Plane	
Bent gun		Good		Point	
Bent two		Gun		Round	
Claw		Hook		Small	
Closed		I-L-Y		Spoon	
Cup		Key		Thick	
Eight		Letter-c		Three	
Eleven		Letter-m		Twelve	
Fist		Middle		Two	
Five		Okay		Wish	
Flat		One-hand letter-d		Write	